

September Menu

1% milk served to children 2 and up
2% milk served to children age 1



Breakfast: 8:00am
Lunch: 11:30-12:30pm
Snack: 2:30-3:30pm
WG-whole grain
HM- homemade

Mon.	Tues.	Wed.	Thurs.	Fri.
Letter A				1 Br: Toast WG , mango, milk Lu: Ravioli, roll, mixed veggies, fruit salad, milk Sn: Pretzels, Peanut butter
4 Letter E Closed	5 Br: Bagels WG , orange slices, milk Lu: Chicken Taco WG , black beans, corn, peaches, milk Sn: Naan, strawberries	6 Br: Pancakes, peaches Lu: Ziti w/ meat sauce, green beans, pears, milk Sn: Peanut butter Chex WG , grapes	7 Br: Raisin bread, apple slices, milk Lu: Chicken patty WG / bun, peas, mandarins, milk Sn: Blueberry muffins HM , milk	8 Br: Chex WG , pineapples, milk Lu: Turkey hotdog, slice of bread WG , baked beans, fruit salad, milk Sn: Cheese cubes, crackers
11 Letter I Br: Croissants, banana, milk Lu: : Breaded pork chop WG , roll, carrots, mixed fruit salad, milk Sn: Homemade Cheese pizza bagel WG	12 Br: Rice cake WG , pears, milk Lu: BBQ pulled chicken, 1/2 slice of bread WG , peaches, peas/carrots, milk Sn: Wheat thins WG , cheese stick	13 Br: Bagel WG , kiwi, milk Lu: Beef nachos WG , green beans, pineapple, milk Sn: Blueberry muffins HM , milk	14 Br: Zucchini muffins, milk Lu: Bean and cheese burrito WG , peas/corn, mandarins, milk Sn: Naan, carrot sticks	15 Br: Biscuits, grapes, milk Lu: Turkey sausage pizza, mixed veggies, fruit salad, milk Sn: Goldfish WG , apple slices
18 Letter O Br: Biscuits, mandarin oranges, milk Lu: Chicken nuggets WG , green beans pineapple, milk Sn: Cheese stick, tortilla chips WG	19 Br: French toast, mixed berries, milk Lu: Hamburger/buns WG , fries, grapes, milk Sn: Yogurt, granola HM / WG	20 Br: Raisin bread, apples, milk Lu: Lemon butter tilapia, rice WG , peas,/carrots pears, milk Sn: Turkey bagel sandwich WG	21 Br: Cheerios WG , banana, milk Lu: Hawaiian meatballs, roll, green beans, pineapples, milk Sn: cheese quesadilla WG , salsa, apple juice	22 Br: Croissant, peaches, milk Lu: Chicken Patty WG , mixed veggies, fruit salad, milk Sn: Banana, pretzels, peanut butter
25 Letter U Br: Bagel, WG peaches, milk Lu: Sloppy joe, 1/2 slice bread WG , green beans, pears, milk Sn: Pretzel/puffcorn trail mix, grapes	26 Br: Chex WG , orange slices, milk Lu: Fish sticks WG , 1/2 slice bread WG , peas, pineapples, milk Sn: Homemade turkey, cheese and crackers Lunchable HM	27 Br: Naan, apple slices, milk Lu: Beef nachos WG , peas/carrots, pear, milk Sn: Peanut butter Chex WG , milk	28 Br: Pancake, peaches, milk Lu: Grilled cheese HM / WG , tomato soup, pineapple, milk Sn: Goldfish, white grape juice	29 Br: English muffin bread, peach/pear mix, milk Lu: Orange chicken, rice WG , mixed veggies, fruit salad, milk Sn: Cheese sticks, Wheat thins WG