

# February Menu

1% milk served to children 2 and up  
Whole milk served to children age 1



Breakfast: 8:00am  
Lunch: 11:30-12:30pm  
Snack: 2:30-3:30pm  
**WG**-whole grain  
**HM**- homemade

Mon.	Tues.	Wed.	Thurs.	Fri.
<b>Letter P</b>			1	2
			Br: Cinnamon bagel, pears, milk	Br: Turkey sausage, apricots, toast <b>WG</b> , milk
			Lu: Bbq meatballs, 1/2 slice bread <b>WG</b> , corn, mandarins, milk	Lu: chicken roll up, carrots, fruit salad, milk
			Sn: white grape juice, pretzels	Sn: Goldfish <b>WG</b> , banana
5 <b>Letter H</b>	6	7	8	9
Br: Cheerios <b>WG</b> , banana, milk	Br: Naan, apple slices, milk	Br: Raisin bread, peaches, milk	Sn: Blueberry muffins <b>HM</b> , grapes, milk	Br: Chex <b>WG</b> , apple slices, milk
Lu: Chicken patty <b>WG</b> / bun <b>WG</b> , peas, mandarins, milk	Lu: Turkey Sloppy joe, 1/2 slice bread <b>WG</b> , green beans, pear, milk	Lu: Orange chicken, brown rice <b>WG</b> , mixed veggies, fruit salad, milk	Lu: Grilled cheese <b>HM</b> / <b>WG</b> , tomato soup, pineapple, milk	Lu: Turkey hotdog, slice of bread <b>WG</b> , baked beans, fruit salad, milk
Sn: Cheese sticks, Wheat thins <b>WG</b>	Sn: Peanut butter Chex, Clementine	Sn: Cheese quesadilla <b>WG/HM</b> , salsa, apple juice	Sn: Goldfish <b>WG</b> , white grape juice	Sn: graham crackers, milk
12 <b>Valentine's Week</b>	13	14	15	16
Br: Croissants, banana, milk	Br: Rice cake <b>WG</b> , mandarins, milk	Br: Biscuits, jelly, apricots, milk	Br: Chex, pears, milk	Br: Bagel <b>WG</b> , Clementine, milk
Lu: Breaded pork chop <b>WG</b> , roll, carrots, pears, milk	Lu: Lemon butter tilapia, brown rice <b>WG</b> , corn, peaches, milk	Lu: Beef nachos <b>WG</b> , green beans, pineapple, milk	Lu: Scrambled eggs, toast <b>WG</b> , hash brown, peaches, milk	Lu: Turkey sausage pizza, mixed veggies, fruit salad, milk
Sn: Cheese pizza bagel <b>WG/HM</b>	Sn: Goldfish <b>WG</b> , apple slices	Sn: Grapes, Pretzels	Sn: Naan, carrot sticks	Sn: Wheat thins <b>WG</b> , cheese stick
19 <b>Letter M</b>	20	21	22	23
Br: Chex <b>WG</b> , mandarin oranges, milk	Br: Raisin bread, peaches, milk	Br: Pancakes <b>WG</b> , syrup, pears, milk	Br: Bagels <b>WG</b> , mandarins, milk	Br: Toast <b>WG</b> , mango, milk
Lu: Chicken nuggets <b>WG</b> , peas, pineapple, milk	Lu: Hamburger/buns <b>WG</b> , fries, apples, milk	Lu: Turkey pepperoni pizza, green beans, apricots, milk	Lu: Chicken Taco <b>WG</b> , black beans, corn, peaches, milk	Lu: Ravioli, roll, mixed veggies, fruit salad, milk
Sn: Cheese stick, tortilla chips <b>WG</b>	Sn: Yogurt, granola <b>HM/WG</b>	Sn: grapes, cheese cubes	Sn: animal crackers, milk	Sn: Pretzels, apple juice
26 <b>Letter B</b>	27	28		
Br: Naan, banana, milk	Br: Cheerios <b>WG</b> , applesauce, milk	Br: Biscuits, jelly, peaches, milk		
Lu: Chicken patty <b>WG</b> / bun <b>WG</b> , peas, mandarins, milk	Lu: Ziti <b>WG</b> and meat sauce, green beans, pears, milk	Lu: Fish sticks <b>WG</b> , 1/2 slice bread <b>WG</b> , carrots, pineapples, milk		
Sn: apricots, yogurt	Sn: pretzels, peanut butter	Sn: Turkey, cheese and crackers Lunchable <b>HM</b>		