

# November Menu

1% milk served to children 2 and up  
Whole milk served to children age 1



Breakfast: 8:00am  
Lunch: 11:30-12:30pm  
Snack: 2:30-3:30pm  
**WG**-whole grain  
**HM**- homemade

MON.	TUES.	WED.	THURS.	FRI.
			1 Br: biscuits and mango, milk Lu: fish sticks <b>WG</b> , salad, mandarins, milk Sn: crackers and cheese	2 Br: Cheerios, pineapple, milk Lu: hot dog w/ bun, green beans, fruit salad, milk Sn: Goldfish <b>WG</b> , white grape juice
5 <b>Letter K</b> Br: Biscuits, banana, milk Lu: Turkey sloppy joes, bun <b>WG</b> , wax beans, apple slices, milk Sn: cheese quesadilla <b>WG</b> , salsa, water	6 Br: Blueberry muffins <b>HM</b> , grapes, milk Lu: Fish Sticks, roll <b>WG</b> , sweet potato fries, pineapple, milk Sn: graham crackers, milk	7 Br: French Toast <b>WG</b> , apple sauce, milk Lu: chicken taco <b>WG</b> , black beans, corn, peaches, milk Sn: animal crackers, yogurt, water	8 Br: Cinnamon bagel, pears, milk Lu: hotdog, bread <b>WG</b> , peas, mandarins, milk Sn: apple juice, pretzels	9 Br: Turkey sausage, apricots, toast <b>WG</b> , milk Lu: Macaroni and Cheese <b>WG</b> , green beans, fruit salad, milk Sn: Goldfish <b>WG</b> , banana, water
12 <b>Letter Y</b> Br: Raisin Bread, peaches, milk Lu: Orange Chicken <b>WG</b> , brown rice, green beans, grapes, milk Sn: Ham, cheese and crackers Lunchable <b>HM</b> , water	13 Br: Croissants, cantaloupe, milk Lu: Ziti <b>WG</b> and turkey meat sauce, corn, pears, milk Sn: pretzels, cheese stick, water	14 Br: Pancake <b>WG</b> , pears, milk Lu: Mini Corn dog <b>WG</b> , carrots, pineapples, milk Sn: animal cracker, apple sauce, water	15 Br: Turkey sausage/egg and cheese roll up <b>WG</b> , apple slices, milk Lu: Grilled cheese <b>HM/WG</b> , tomato soup, peaches, milk Sn: Goldfish <b>WG</b> , white grape juice	16 Sn: Pumpkin Spice muffins <b>HM</b> , fruit salad, milk Lu: Bbq meatballs, roll <b>WG</b> , wax beans, banana, milk Sn: graham crackers, milk
19 <b>Thanksgiving Week</b> Br: French toast <b>WG</b> , banana, milk Lu: Breaded pork chop <b>WG</b> , roll, sweet potatoes, pears, milk Sn: Cheese pizza bagel <b>WG/HM</b> , water	20 Br: Rice cake <b>WG</b> , mandarins, milk Lu: Lemon butter tilapia, egg noddles, corn, peaches, milk Sn: Goldfish <b>WG</b> , apple slices, water	21 Br: Biscuits and gravy, grapes, milk Lu: turkey, roll <b>WG</b> , green beans, apricots, milk Sn: Grapes, Pretzels, water	22 <b>CLOSED</b> <i>Happy Thanksgiving!</i>	23 <b>CLOSED</b> <i>Happy Thanksgiving!</i>
26 <b>Letter J</b> Br: Chex <b>WG</b> , mandarin oranges, milk Lu: Chicken nuggets <b>WG</b> , salad, pineapple, milk Sn: Ritz crackers, white grape juice	27 Br: Raisin bread, peaches, milk Lu: Hamburger/buns <b>WG</b> , fries, apples, milk Sn: Yogurt and mixed fruit smoothie, water	28 Br: blueberry pancake wrap <b>WG</b> , pears, milk Lu: Chicken quesadilla <b>WG</b> , peas, peaches, milk Sn: grapes, cheese cubes, water	29 Br: Naan, mandarins, milk Lu: Turkey pepperoni pizza <b>WG</b> , corn, cantaloupe, milk Sn: animal crackers, milk	30 Br: Turkey sausage/egg and cheese roll up <b>WG</b> , mango, milk Lu: Beef Ravioli, roll, mixed veggies, fruit salad, milk Sn: Pretzels, apple juice, water