

# March Menu

1% milk served to children 2 and up  
Whole milk served to children age 1



Breakfast: 8:00am  
Lunch: 11:30-12:30pm  
Snack: 2:30-3:30pm  
**WG**-whole grain  
**HM**- homemade

Mon.	Tues.	Wed.	Thurs.	Fri.
<b>Letter B</b>				1
				Br: Toast <b>WG</b> , cantaloupe, milk
				Lu: garlic butter tilapia, mixed veggies, egg noodles, mixed fruit, milk
				Sn: Wheat Thins <b>WG</b> , cheese stick, water
4 <b>Letter V</b>	5	6	7	8
Br: biscuits, mango, milk	Br: naan, peaches, milk	Br: pancakes, grapes, milk	Sn: French toast <b>HM</b> , apples, milk	Br: Cheerios <b>WG</b> , peaches, milk
Lu: corn dog <b>WG</b> , peas, pineapple, milk	Lu: chicken alfredo pasta <b>WG</b> , broccoli, pears, milk	Lu: turkey, roll <b>WG</b> , sweet potatoes, apricots, milk	Lu: cheeseburger, bun <b>WG</b> , French fries, kiwi, milk	Lu: Turkey pepperoni pizza <b>WG</b> , salad, mixed fruit, milk
Sn: Goldfish <b>WG</b> , apple juice	Sn: graham crackers, milk	Sn: cheese roll up <b>WG/HM</b> , water	Sn: pretzels, white grape juice	Sn: cheese cubes, crackers, water
11 <b>Letter C</b>	12	13	14	15
Br: cinnamon bagel, applesauce, milk	Br: biscuits, peaches, milk	Br: blueberry muffin <b>HM</b> , mandarin oranges, milk	Br: raisin bread <b>WG</b> , pears, milk	Br: Chex <b>WG</b> , mixed fruit, milk
Lu: fish sticks <b>WG</b> , corn, mandarin oranges, milk	Lu: orange chicken, brown rice <b>WG</b> . Mixed veggies, pears, milk	Lu: turkey hot dog, bun, apples, green beans, milk	Lu: chicken taco <b>WG</b> , black beans, corn, apricots, milk	Lu: Turkey sloppy Joes <b>HM</b> , bun, peas, banana, milk
Sn: mixed berry yogurt smoothie	Sn: crackers and cheese cubes, water	Sn: Wheat thins <b>WG</b> , carrot sticks, water	Sn: pretzels, white grape juice	Sn: green grapes, animal crackers
18 <b>Letter Q</b>	19	20	21	22
Br: turkey sausage, egg/cheese roll up, pineapple, milk	Br: Biscuit, mango, milk	Br: rice cake, pears, milk	Br: French toast <b>HM</b> , apples, milk	Br: Cheerios <b>WG</b> , mangos, milk
Lu: Chicken nuggets <b>WG</b> , carrots, pears, milk	Lu: Breaded pork chop <b>WG</b> , green beans, peaches, milk	Lu: cheese pizza <b>WG</b> , green beans, apricots, milk	Lu: bbq meatballs, corn, pineapple, bread <b>WG</b> , milk	Lu: crispy chicken patty sandwich <b>WG</b> , bun, mixed veggies, fruit salad, milk
Sn: Ritz crackers, Banana, Water	Sn: Chex cereal <b>WG</b> / graham cracker Quilt snack, apple juice	Sn: pretzels, clementine orange	Sn: <b>HM</b> Lunchable: crackers, ham, cheese, water	Sn: tortilla chips <b>WG</b> , carrot sticks, water
25 <b>Letter F</b>	26	27	28	29
Br: naan, mandarin oranges, milk	Br: blueberry pancake wrap, banana, milk	Br: cinnamon bagel, pears, milk	Br: biscuit & gravy, apples, milk	Br: croissant, mixed fruit, milk
Lu: ziti noodles w/ turkey meat sauce <b>HM WG</b> , apples, green beans, milk	Lu: hamburger, bun <b>WG</b> , peas, pineapple, milk	Lu: corn dog, sweet potato fries, apricots, milk	Lu: Beef nachos <b>WG</b> , wax beans, peaches, milk	Lu: chicken nuggets <b>WG</b> , mixed veggies, grapes, milk
Sn: animal crackers, milk	Sn: pretzels, apple juice	Sn: bagel pizza with cheese, water	Sn: yogurt parfait w/ granola <b>HM</b>	Sn: Goldfish, applesauce